

## **Overview of TRUST Counseling Program**

The TRUST (To Reach Ultimate Success Together) Program is a comprehensive student support/counseling program designed to provide prevention, intervention, referral, and follow-up services to students and their families who may be experiencing problems in the area of substance abuse and other self-defeating behaviors. The TRUST Program is effective because it minimizes student risk factors while promoting protective factors creating a research-based comprehensive attack on the epidemic of drug use. Through parent education; the provision of individual, group and family counseling services; delivery of substance abuse prevention curriculum; coordination of School-Wide events and activities which focus on building resiliency; and collaborative efforts with School Police, these 74 masters level and above, counseling professionals help maintain a safe and drug-free environment. Trust Specialists serve as part of the secondary level counseling team at Middle Schools, Senior High Schools and select K-8 Centers.

Additional information on the TRUST program may be found at <http://mhcms.dadeschools.net/trust/about.asp>.