Miami - Dade County Public Schools

Department of Food and Nutrition

Cleaning and Sanitizing Training Module



Cleaning and Sanitizing

Purpose of Cleaning and Sanitizing

Definitions:

Clean

- Means there is no visible debris
- We clean with a detergent because it has a surfactant that helps dissolve soil.

Sanitize

- Means microorganisms have been reduced to safe levels
- We sanitize with either hot water, chlorine, quatemary ammonia, or iodine
- A sanitizable surface is one that is smooth, non-porous, and easily cleanable

Sterilize

- Kills all microorganisms
- Is not required in restaurants



Cleaning and Sanitizing

Manual Cleaning and Sanitizing

Cleaning and Sanitizing Large Equipment

Methods

- 1. Clean by hand
- 2. Use valved hose system
- 3. Circulate sanitizer through specially designed equipment following manufacturer's requirements

Cleaning by Hand

- 1. Ensure proper precautions have been taken (equipment turned off, unplugged, according to instructions)
- 2. Sweep, wipe, or scrape free of food waste
- 3. Wash with 110 degree water and detergent from a bucket or special hose system
- 4. Rinse the item free of detergent
- 5. Apply the same concentration of sanitizer as used in the manual ware washing method (spray on or apply with a clean cloth or brush)
- 6. Allow the item to air dry



Cleaning and Sanitizing

Manual Cleaning and Sanitizing

Cleaning and Sanitizing Utensils

Wiping Cloths

- Use only for clean up for ready-to-eat foods,
 never raw food clean up
- Place in the sanitizer between uses

In-Use Otensils

- May be wiped off with sanitized cloth between uses with ready-to-eat foods
- Must be returned to the ware-washing area for cleaning and sanitizing after contact with raw meat, fish, eggs or poultry
- Must be cleaned and sanitized every 4 hours if in contact with potentially hazardous foods

Non-Food Contact Surfaces

- Refrigerator doors, sides of oven and ranges, and shelves should be cleaned daily by hand
- Food contact surfaces of equipment and utensils used for potentially hazardous foods should be cleaned and sanitized every 4 hours or as often as necessary
- All walls, floors, and ceilings should be cleaned as often as necessary

