

**MIAMI-DADE COUNTY PUBLIC SCHOOLS
District Pacing Guide 2010**

M/J Health 1

Course Code: 0800000

BODY OF KNOWLEDGE: Health Literacy Concepts

TOPIC 2: Healthy Relationships

Pacing		Dates
Traditional	12 Days	Grading Period 1/1 st Nine Weeks
Block	6 Days	Grading Period 1/1 st Nine Weeks

NEXT GENERATION SUNSHINE STATE STANDARD(S)	ESSENTIAL CONTENT	OBJECTIVES	INSTRUCTIONAL TOOLS
<p>Big Idea: Family and Community Health</p> <p>Standard 2: Analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.</p> <p>HE.6.C.2.1 Examine how family influences the health of adolescents.</p> <p>HE.6.C.2.2 Examine how peers influence the health of adolescents.</p> <p>HE.6.C.2.3 Identify health information conveyed to students by the school and community.</p>	<p>A. Family Health Education Communication Relationships Values and Beliefs</p> <p>B. Community Health Media and Advertisement Peer Relationships Cultural Influences Public Health Policies Technology</p>	<p>The student will be able to:</p> <p>Enhance interpersonal relationships with peers and family (coping skills, divorce, communication skills).</p> <p>Identify various ways to participate in community health (advocacy, volunteering).</p> <p>Understand how to be a health-conscious consumer (valid, reliable information sources).</p> <p>List examples of positive stress and negative stress and how to cope with these.</p> <p>Describe the importance of family and friends relevant to one's health and well-being.</p>	<p>Core Text Book: Glencoe Teen Health Course 1 Chapters 2,3,6</p> <p>M-DCPS Online Resources http://pe.dadeschools.net Next Gen Health Education Standards M-DCPS Grade Six Health Education Curriculum M-DCPS Middle School Health Literacy PPT Presentations</p> <p>Vocabulary: stress, self-concept, media, self-esteem, character, role model, citizenship, emotion, hormone, depression, social norm.</p> <p>Technology: Web-site audio/video activities, games, lesson plans</p> <p>1. Teaching Social Responsibility http://www.teachablemoment.org/middle.html</p>

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<p>HE.6.C.2.4 Investigate school and public health policies that influence health promotion and disease prevention.</p> <p>HE.6.C.2.5 Examine how media influences peer and community health behaviors.</p> <p>HE.6.C.2.6 Propose ways that technology can influence peer and community health behaviors.</p> <p>HE.6.C.2.7 Predict the short- and long-term consequences of engaging in health risk behaviors.</p> <p>HE.6.C.2.8 Determine how social norms may impact healthy and unhealthy behavior.</p>		<p>Cite examples of health-related advertisements in the media.</p> <p>Explain the importance of reading and interpreting food labels and over-the-counter medications.</p>	<ol style="list-style-type: none"> 2. Just Choices http://justchoices.com 3. Kids Health for Parents http://kidshealth.org/parent/ 4. Kidsource Online http://www.kidsource.com/ 5. Weekly Reader for Friends http://www.weeklyreader.com/parents 6. Glencoe Teen Health http://health.glencoe.com/ <p>Strategies: Concept mapping, graphic organizers, student-based research, CRISS</p> <ul style="list-style-type: none"> o ELL: o Enrichment: Research and report the use of medication and counseling to treat emotional problems. The Website for Health and Physical Education Teachers http://www.pecentral.org o SPED: http://www.floridastandards.org/Standards/AccesspointSearch.aspx

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<p>HE.6.C.2.9 Investigate cultural changes related to health beliefs and behaviors.</p> <p>HE.6.C.2.10 Explain the influence of personal values and beliefs on individual health practices and behaviors.</p>			<p>Assessment: Student reports, classroom participation, unit exams/quizzes.</p>

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Date	Pacing guide Benchmark(s)	Data Driven Benchmark(s)	Activities	Assessment(s)	Strategies
<p>Traditional Grading Period 1 1st Nine Weeks 12 Days</p> <p>Block Grading Period 1 1st Nine Weeks 6 Days</p>	<p>Big Idea: Family and Community Health</p> <p>HE.6.C.2.1 Examine how family influences the health of adolescents.</p> <p>HE.6.C.2.2 Examine how peers influence the health of adolescents.</p> <p>HE.6.C.2.3 Identify health information conveyed to students by the school and community.</p> <p>HE.6.C.2.4 Investigate school and public health policies that influence health promotion and disease prevention.</p> <p>HE.6.C.2.5 Examine how media influences peer and community health behaviors.</p>				

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	<p>HE.6.C.2.6 Propose ways that technology can influence peer and community health behaviors.</p> <p>HE.6.C.2.7 Predict the short- and long-term consequences of engaging in health risk behaviors.</p> <p>HE.6.C.2.8 Determine how social norms may impact healthy and unhealthy behavior.</p> <p>HE.6.C.2.9 Investigate cultural changes related to health beliefs and behaviors.</p> <p>HE.6.C.2.10 Explain the influence of personal values and beliefs on individual health practices and behaviors.</p>				
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